



Outpatient and Intensive Outpatient Services

Crossroads' believes in treating the whole person, not just their addiction. To be effective, treatment addresses psychological, social, & vocational needs, on an individualized basis for each client.

Outpatient services range in levels of intensity and frequency, depending on the individual needs of the clients.

- **Traditional Outpatient Services:** 1-3 hours per week for a minimum of 12 weeks
- **Intensive Outpatient Services:** 9-16 hours per week over 4-6 weeks

**DID YOU
KNOW?**

**Medicaid
pays
for
most
outpatient
addiction
treatment
services?**

**Call us
for more
info!**

We have experienced staff who provide safe and confidential outpatient services, which include the following:

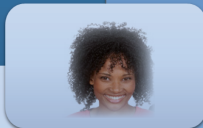
Co-Occurring Treatment

(Substance abuse & mental health integrated treatment)

- Coping with crisis
- Effects on physical health
- Maintaining recovery

Seeking Safety

- Build healthy relationships
- Coping with triggers
- Promote healthy lifestyle



Anger Management

- 12-week program
- Improve communication skills

Living in Balance

- Coping skills
- Relapse prevention
- Practical living skills

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