





Outpatient and Intensive Outpatient Services

Crossroads' believes in treating the whole person, not just their addiction. To be effective, treatment addresses psychological, social, & vocational needs, on an individualized basis for each client.

Outpatient services range in levels of intensity and frequency, depending on the individual needs of the clients.

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Traditional Outpatient Services: 1-3 hours per week for a minimum of 12 weeks
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Intensive Outpatient Services: 9-16 hours per week over 4-6 weeks

We have experienced staff who provide safe and confidential outpatient services, which include the following:

<p>Co-Occurring Treatment (Substance abuse & mental health integrated treatment)</p> <ul style="list-style-type: none"> • Coping with crisis • Effects on physical health • Maintaining recovery 	<p>Seeking Safety</p> <ul style="list-style-type: none"> • Build healthy relationships • Coping with triggers • Promote healthy lifestyle
	
<p>Anger Management</p> <ul style="list-style-type: none"> • 12-week program • Improve communication skills 	<p>Living in Balance</p> <ul style="list-style-type: none"> • Coping skills • Relapse prevention • Practical living skills

Crossroads' Turning Points, Inc.
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for
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outpatient
addiction
treatment
services?**

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info!**